



## The P.L.A.Y. Project® is:

- ✦ Evidence-based
- ✦ Intensive
- ✦ Early intervention (children 0-6)
- ✦ Family-centered
- ✦ Child-led
- ✦ Cost-effective
- ✦ Play-based
- ✦ Developmental

## Get Started with our DVD

The P.L.A.Y. Project® DVD is for parents who want to learn the basics of play-based therapy.

Visit [playproject.org/dvd.php](http://playproject.org/dvd.php) to order your copy.

## About Dr. Rick

Richard Solomon, MD is the founder and Medical Director of The P.L.A.Y. Project®. As a developmental and behavioral pediatrician, he has more than 20 years of experience diagnosing and treating children with Autism Spectrum Disorders.



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The P.L.A.Y. Project®  
PLAY and LANGUAGE for  
AUTISTIC YOUNGSTERS™



For Parents



PLAY and LANGUAGE for  
AUTISTIC YOUNGSTERS™



[www.playproject.org](http://www.playproject.org)



## The Parent as the Expert

We consider you, the parent, to be the expert on your child. Our Home Consultants are here to guide you so that you can more effectively assist your child with autism to move up the developmental ladder, increase language, and improve social skills. Our goal is for you to be your child's best P.L.A.Y. partner!

## The P.L.A.Y. Project®

Created by Richard Solomon, MD, and based on the DIR® (Developmental, Individual Differences, Relationship-based) theory of Stanley Greenspan, MD, and Serena Wieder, PhD, The P.L.A.Y. Project® is a national autism training and research center, which includes training agencies, parents, and communities about the importance of early autism intervention. The P.L.A.Y. Project® is operating in three countries and 27 states in the U.S. More than 300 trained home consultants serve over 1,000 children on the autism spectrum every year.

Our Home Consultation Model provides monthly, half-day home visits. We teach the pragmatic skills and structure needed to train parents and support them in delivering a developmental, intensive intervention for their young children (0-6) with autism. Our evidence-based program is effective and affordable. Consultants have degrees in child development fields (for example, Speech, OT, Psychology, Social Work, or Special Education) and receive intensive training by Dr. Solomon and his supervisory staff in The P.L.A.Y. Project® model. The Home Consultant teaches parents how to provide intensive, one-on-one, play-based services to their young children with autism.

## Why The P.L.A.Y. Project?®

Parents spend more time with their children than all of their teachers and therapists combined. As your child's best P.L.A.Y. partner, you can provide many hours of high quality intervention throughout the day. Our Consultants show you practical ways of making every interaction with your child a growing and learning experience. Bath-time, meals, outdoor play: each of these daily routines can be used to help your child with autism build meaningful relationships.

Home visits allow the Consultant to see your child in the place where he/she is most comfortable, so the Consultant can see how he/she acts most naturally. The Home Consultant will videotape segments of the home visits to monitor your child's progress and give suggestions for more effective techniques. This allows the Home Consultant and your family to design and implement an individualized plan for your child.



## Home Consultation

The Home Consultation Program typically includes:

- ✦ Family support
- ✦ 10 visits per year
- ✦ 3 hour sessions roughly divided between 1 hour of modeling, 1 hour of coaching the family, and 1 hour of feedback
- ✦ Selected videotaping of P.L.A.Y. interactions with written evaluations and feedback
- ✦ Assistance with IFSP or IEP Goals
- ✦ Resources for families – handouts and referrals to other types of comprehensive therapies (Speech & Language, Occupational Therapy, etc.) if needed

The Home Consulting Program has a thorough program evaluation that includes:

- ✦ Periodic surveys to assess family satisfaction with consulting services
- ✦ Documentation of progress using a combination of family information, various questionnaires/assessments and video rating scales

## Contact Us

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