

3RD QUARTER 2019 | PLAY NEWSLETTER

THE PLAY PROJECT



PLAY'S Fall 2019 Autism Intensive Workshop Schedule Parents and professionals: learn The PLAY Project's methods and principles

Indianapolis, Indiana | September 13th-14th

Dr. Solomon and Diana Holderman, M.Ed., PC, will present The PLAY Project's Two-Day Intensive Workshop on Friday, September 13th and Saturday, September 14th, 2019. To learn more and to register, click [here](#).

Palos Hills, Illinois | September 27th-28th

Dr. Solomon will present The PLAY Project's Two-Day Intensive Workshop on Friday, September 27th and Saturday, September 28th, 2019. To learn more and to register, click [here](#).

O'Fallon, Illinois | October 11th-12th

Dr. Solomon or a PLAY Project Master Trainer will present The PLAY Project's Two-Day Intensive Workshop on Friday, October 11th and Saturday, October 12th, 2019. To learn more and to register, click [here](#).

Mississauga, Ontario | October 25th-26th

Dr. Solomon and Cindy Harrison, M.Sc., Reg. CASLPO will present The PLAY Project's Two-Day Intensive Workshop on Friday, October 25th and Saturday, October 26th, 2019. To learn more and to register, click [here](#).

Champaign, Illinois | November 7th-8th

Dr. Solomon will present The PLAY Project's Two-Day Intensive Workshop on Thursday, November 7th and Friday, November 8th, 2019. To learn more and to register, click [here](#).

Zhengzhou, Changchun, & Guangzhou, China | December

Dr. Solomon will return to China to present The PLAY Project's Two-Day Intensive Workshop in three cities.

"At The PLAY Project's Autism Intensive Workshop I learned how PLAY ABSOLUTELY fits in with my program! Attending this workshop has changed my therapy/play for the better when working with children with ASD." - Jodie K., Idaho Department of Health & Welfare | 2019

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PLAYing Around the World The PLAY Project's Autism Intensive Workshop Canada, Michigan & Vermont

Over 150 professionals and parents attended The PLAY Project's Two Day Intensive Workshops this summer! Attendees traveled far and wide to learn The PLAY Project's principles and methods!



Dr. Solomon with Bridgette Crockett, MA, LPC, Art Therapist and Madeleine, Certified Therapeutic Recreation Specialist (CTRS) from [LifeLab Kids](#) in Ferndale, Michigan.

ASHA Convention

Richard Solomon, MD, and Sheryl Rosin, Ph.D., CCC-SLP will present a session on The PLAY Project at ASHA's Annual Convention's Pre-Convention Workshop this November in Orlando, Florida.

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Gearing Up for Going Back to School

Summer is just about over and many parents are asking: is our child ready for kindergarten? Dr. Solomon, founder of The PLAY Project, has described the “The Seven Habits of Highly Effective Kindergartners” in his book *Autism: The Potential Within*.

Here’s a quick checklist for you based on "The Seven Habits of Highly Effective Kindergartners":

- 1) Go along with the gang: Can the student go along with the most common routines of school?
- 2) Auditory process from a distance: Can the student listen and make sense of what the teacher is saying when sitting in his seat?
- 3) Get the main idea: Is the student understanding the ideas presented in the classroom?
- 4) Perform sequences of actions: Can the student follow a sequence of instructions?
- 5) Use active memory: Can the student remember the recent past and apply what he remembers to a task? (Example: Go to the front of the room, get your materials, and then sit at your seat and start your project.)
- 6) Process information quickly: Can the student get the work done in a timely fashion?
- 7) Know when to ask for help: If he’s having trouble, does he know how to ask for help?

You can learn more about autism and kindergarten readiness on our blog, which includes a FREE chapter of *Autism: The Potential Within*, [here](#).

For additional reading:

American Academy of Pediatrics | ["Back to School Tips on Getting the Year Off to a Good Start"](#)



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Sleep & Autism

A good night of sleep is essential! Children with autism are prone to sleep issues. It is important to make sure the sleep problems are not physical or medical. Most issues can be addressed with good sleep hygiene and routines, analysis of sleep onset associations, sleep latency analysis, and the Ferber method. If issues persist, refer for a medical workup!



For additional reading and resources:

Autism: The Potential Within | [Chapter 19: "The Stone in Your Shoe: Sleep"](#)

Autism Speaks | ["Sleep Tool Kit"](#)

Statesman | ["Experts talk good sleeping habits for kids, especially once school starts"](#)

USA Today | ["Adjust your child's sleep schedule for school"](#)

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PLAY and Blogs and Podcasts... Oh My!



MOTHERLY

Motherly Highlight

“Play provides a beautiful avenue for relating, learning, and just having fun in and of itself,” states Ashley Case, a pediatric occupational therapist by profession and a full-time mom, in her recently published article. Read Case's full article, which highlights The PLAY Project and Dr. Solomon, [here](#).



Affect Autism Podcast

Dr. Solomon was recently featured on the *Affect Autism* podcast to discuss PLAY and the importance of parent-implemented models. Click [here](#) to hear Dr. Solomon explain The PLAY Project's background, process, and research and how PLAY is a solution to autism therapies' huge wait list problem.



Research for Parent-Implemented Models

Research and evidence for parent-implemented models is described in our new video posted [here](#).

