



THE PLAY PROJECT TELE-PLAY GUIDELINES

First Visit with/without Assessments:

- Ask family to sign a waiver to allow for Tele-PLAY communication between the family and PPC. All communication between the PPC Trainee and PLAY Supervisors remains HIPPA protected but be sure that family still signs the regular video release form.
- Complete Intake and parent questionnaire assessments (optional but especially helpful when you are unable to observe the child in person).
- FEAS: Ask parents to videotape each other playing with their child for 7.5 minutes each. Without commenting. ONLY RECORDING. Have them send you the videos for your assessment.

OR

- FEAS: Ask parents to set up computer/iPad in a place that they can use a digital meeting platform to PLAY 7.5 minutes each (or 15 minutes if only 1 parent), in a way that you can observe them. Digital meeting platforms allow you to record the meeting. You can then use the video for your assessment and report.
- Be sure to give the family some verbal coaching AFTER the completion of the FEAS video.
- If NOT doing a FEAS, you can have family play and you can coach through the digital meeting platform.
- Complete Visit Suggestion Form and send to family.

Regular PLAY Visits:

- Monthly virtual PLAY sessions. Be sure the family sets up the computer in a place that you can see what is going on in the PLAY. Don't hesitate to ask the family to move their computer around. Record the meeting so you will have a video to use for your monthly VRF.
- Coaching will be KEY!
- Families should be sent a VSR after every visit and a full VRF each month. The VRF will not contain any modeling but should contain lots of coaching and suggestions.
- Weekly videos of PLAY sent by family to you. Ask parents to send you a video each week of a PLAY session with their child. Follow up with the family, as soon as possible, with feedback. PPCs can choose to record audio feedback to send to the family or arrange a weekly phone call.

**The use of personal mobile device by a PPC is NOT HIPPA compliant. Please follow your organization's guidelines.*

PLAY Supervision:

PLAY Supervision WILL continue during this time but all supervision deadlines have been held. Trainees will submit cases to their supervisors using a recording of the virtual session along with the VSR, VRF and cover letter. Teaching PLAY cases will resume once schools begin in the fall.



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Resources:

The Center for Connected Health Policy Website has updated info about state laws & current legislation in the midst of COVID-19 <https://www.cchpca.org/>

The Early Childhood Technical Assistance Center has guidelines about the use of Tele-Communication <https://ectacenter.org/topics/disaster/tele-intervention.asp>

Video conferencing applications:

Here is a quick list of platforms that enable video conferencing. Some are dedicated video conferencing applications where others are web conferencing platforms that include video conferencing as an optional feature. As you see, it is a large list, but please don't be intimidated by the size of this list. I personally prefer Zoom because it has all of the features that I think are important for our field. But other platforms can work fine, they just might not have all of the features that I think are desirable for home visiting.

Zoom <https://zoom.us/>

Cisco WebEx <https://www.webex.com/>

Microsoft Teams <https://products.office.com/en-us/microsoft-teams/online-meeting-solutions>

Google G Suite Hangouts Meet <https://gsuite.google.com/product>

Adobe Connect <https://www.adobe.com>

Bluejeans <https://www.bluejeans.com/>

8 x8 <https://www.8x8.com>

GoToMeeting <https://www.gotomeeting.com>

GoToWebinar <https://www.gotomeeting.com/webinar>

UberConference <https://www.uberconference.co>

Fuze <https://www.fuze.com/>

Join.me <https://www.join.me/>

Lifesize <https://www.lifesize.com>

LogMeIn <https://www.logmein.com>

Pexip <https://www.pexip.com/>

Starleaf <https://www.starleaf.com/>

Apple FaceTime: <https://support.apple.com/en-us/HT204380>

Facebook Messenger Video Chat: <https://www.facebook.com/help/messenger>

Skype: <https://www.skype.com/en/>

Many video conferencing platforms advertise HIPAA-compliant versions, including:

Zoom for Healthcare <https://zoom.us/healthcare>

Vidyo <https://www.vidyo.com/>

Skype for Business <https://www.skype.com/en/business/>

Updox <https://www.updox.com/>

VSee <https://vsee.com/>

Doxy.me <https://doxy.me/>

GoToMeeting <https://www.gotomeeting.com>

Note: some video conferencing platforms have been reported to have offered free services to programs during the pandemic, e.g., Cisco WebEx, Vidyo.

*Reports and videos can even be shared with families through Google Docs. Include your mode of communication in your waiver with the family.



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Tips from PLAY Project Consultants

1. Before implementing telehealth with a family:

- Choose a platform, become familiar with its functions, then practice having one of your own family members sign in and engage with you and give you tips re how to position camera and feedback on how well they can hear you, see you, etc.
- Be aware of your environment. Declutter. Do not sit with a window behind you.
- Have a plan to eliminate distractions as much as possible, i.e. Crate the dog (and small children)

2. Tips on how PC can prepare to use teleconferencing prior to first PLAY Project visit.

- Develop a telehealth consent form (See example from AOTA) to review with caregivers
- Determine how you want PP family to send you initial FEAS video (WeTransfer, Google Drive, etc.)
- Based on results of FEAS video, create a folder of PLAY handouts for child to review with caregivers during visit. (I have also seen therapists create short; custom PP slides of what they want to review during each visit)
- Consider scheduling visits at low internet use times in your own home to reduce tech issues

3. Tips on helping prepare a family for the first visit.

- Caregiver will need to plan to have an older child or another adult present as a “helper” to move camera when child and caregiver are playing together and moving during visit.
- Let family know that you will ask them on first visit to use their camera to give you a virtual tour of home environment to scout out items in home to use during play visits.
- Call family prior to first visit, explain process of checking into platform, answer any questions, and then schedule a short practice check in to make sure technology works on both ends.

4. Put together a letter for families outlining the goals of Tele-PLAY

5. Be sure to make yourself available for questions by phone and email

6. For private pay PPCs, set up a payment plan and contract. Payments can be made using PayPal, Venmo, Square

7. Remember to provide families with the PLAY Project Manual handouts

8. Give families a voucher code to watch the Welcome to the PLAY Project online course (*see below)

9. Refer families to Dr. Solomon’s book: Autism: The Potential Within

10. Refer families to YouTube videos and other resources to see examples of modeling

Additionally, remember that families are under tremendous stressors. Many parents are out of work and have to learn how to homeschool their children while meeting the special needs of their children with autism. Life is uncertain, and it is critical that you offer a consistent schedule and support to your families.

PLAY Project Headquarters continues to seek ways to support our PPCs and the families they serve. Please use our closed Facebook group for PLAY Project Consultants to share your ideas and resources. If you have an active license and have NOT yet been approved, be sure that you have clicked the circle, at the top of the rules, to agree with the rules.

*As a reminder, the Welcome course is free for everyone until April 8th. This is a way for PPCs to have families watch the course without using voucher codes and can distribute it more widely. Individuals must use **discount** code SPRING20. Payment information does have to be entered but once the code is entered and applied individuals will not be charged. *This code is not a voucher.*

Stay healthy and stay connected. The PLAY Project honors all that you do to support families and children in your communities.



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20 Virtual Activity Ideas for Connecting with Kids During the Coronavirus

From Tracy Kempton, PPC

1. Charades—each person acts something out and the other person guesses, taking turns. These could range from very simple to complicated. For example:
 - Actions (jumping, waving, combing hair, eating)
 - Washing dishes, eating the cheese coming from the pizza
 - Working on a puzzle, painting a picture/house)
2. 20 questions—one person says, “I’m thinking of an animal” and the other person has to ask yes or no questions to figure out what it is
3. Scavenger hunt---Create a list of common things that would be in everyone’s house. Each person has the list. Both start at the same time, looking around the house for each item, and showing it to the other person when you find it. (examples could be things like pillows, couch, hand soap, item of food/drink, pet, etc.)
4. Read the same book together (each one has their own copy) taking turns to read pages if the child is able to do so (or with parental help)
5. Write a story together. One person starts the story, the other person adds to it, back and forth. You could be drawing pictures to illustrate at the same time.
6. Bake cookies together. One person has the recipe/ instructions and tells the baker what to do. When finished, the baker could package them up and mail them to the other person
7. Go on the same web page at the same time. You could play a game together or pick out an outfit together, or read about something interesting together
8. Pictionary!!! This would be easy and fun to play virtually!
9. Other games that lend themselves to virtual play that come to mind: battleship
10. Role play games: for example, one person is the “cook” and the other is the “customer” or one person is the “teacher” and one is the “student”
11. Any kind of imitation (touch nose and beep, shake head back and forth.
12. Peek a boo
13. Wearing silly hats/glasses/ etc., to help the child look at you
14. Pretending you are Alexa. Parents can coach child to say, “Alexa play” and then you would have to quickly find it on your phone.
15. Singing songs, finger puppets,
16. Asking child to point to body parts
17. See who can make the balloon stay up in the air the longest (and other such contests)
18. One person tells a story, the other person demonstrates the appropriate emotion
19. Take out some picture albums or share some pictures and tell stories from before the child was born
20. Put some ideas on slips of paper, put them in a hat, and take turns choosing which one you will do each day.