



# 9 Strategies

## For Promoting Emotional Intelligence

1. Daily interactions (FDCs 1-9)
2. Imitation (FDC 3-6)
3. Mirroring Feelings (FDC 4-9)
4. Pretend Play & Imagination (FDC 4-9)
5. Misbehavior Welcome!
6. Reasoning/Reflecting about Feelings (FDC 6-9)
7. Literacy: Books & Jokes (FDC 5-9)
8. Supervised Play Dates (FDC 6-9)
9. Self Disclosure & Higher Level Self-Awareness