

## IEP Parent Worksheet

This worksheet is meant to help you, the parent, to provide important information about your child so that you can help the school staff learn about your child's strengths and challenges, as well as your hopes and goals for your child. This information will help the team to create a meaningful Individualized Education Program (IEP) for your child.

<b>Strengths: please share your child's interests and talents</b>
<p><b>My child loves . . .</b> Please list 3 activities that your child enjoys (e.g. puzzles, music, running, painting, playing with water, counting)</p> <ol style="list-style-type: none"><li>1.</li><li>2.</li><li>3.</li></ol>
<p><b>My child is most comfortable when . . .</b> Please list 3 activities that are soothing or comforting to your child (e.g. playing outside, cuddling, reading books, lining up toys, swinging)</p> <ol style="list-style-type: none"><li>1.</li><li>2.</li><li>3.</li></ol>
<p><b>My child is special because . . .</b> Please list at least 1 quality of your child that you appreciate (e.g. concentration, sense of humor, determination) and give an example:</p>
<p>Additional comments about my child's interests and talents:</p>

**Challenges: please share the challenges your child and family is experiencing****My child is working on . . .**

Please list 3 skills or abilities that you are working to help your child accomplish (e.g. managing anger/frustration, picking up toys after playing, toilet training)

- 1.
- 2.
- 3.

**The hardest parts of our day/week are . . .**

Please list 3 activities or behaviors that are most challenging for your family or child (e.g. bedtime, grocery shopping, stopping fun activities, mealtime)

- 1.
- 2.
- 3.

Additional comments about my child's challenges:

**Goals: please share your hopes and goals for your child****I hope you can help my child to . . .**

What are 3 things that the school could do to help improve the day-to-day interactions between you and your child? (e.g. participate in family activities, transition between activities, increase communication/language, take turns, listen to others)

- 1.
- 2.
- 3.

Additional comments about goals for my child: