



THE PLAY PROJECT CHILD PROFILE FORM

Case Study: Jacob

Age: 4 years old

PPC: Sara

Initial Reactions: Overall, I love how easy he was to engage and how well he stayed connected with really good problem-solving skills. A very cute fun guy! Jacob's parents are good players, and he loves being with them, ordering them around, and getting his sensory motor needs met with his words. He is talking well with meaning which suggest some nice FDL 5 capacities. I noticed that he's talking in sentences that end in question marks? Which suggests that he is being asked a lot of questions.

Comfort Zones (CZ): Jacob had some brief moments of CZA today, lining up letters on the fridge and humming. You did a wonderful job using the Rabbit Hole Techniques to join him!

Sensory Motor Profile (SMP) & Regulation Profile:

- 1. Visual Processing:** Jacob can become absorbed in visual activities, and you will need to continue to save TV and iPad time for when you need a break. He is much harder, though not impossible anymore, to engage during visual play :)
- 2. Tactile Input:** Jacob LOVES feeling textures! You can use this as a game to play with him..." let's find something sticky, soft, hard, cold". This will build problem solving skills!
- 3. Auditory:** Jacob is mixed in his reactivity profile reactive with his auditory response. He can get overstimulated with noisy environments or too many demands. Song games are a wonderful activity choice! You can make up songs to help him complete tasks, problem solve and engage.
- 4. Taste/Oral Motor:** Jacob tends to over stuff his mouth so work with him on cutting his food into smaller bites.
- 5. Smell/Olfactory:** No concerns noted here
- 6. Vestibular:** Jacob LOVES to move and seeks movement activities! Try races rolling down the hill, jump on pillows on the floor and pretend you are avoiding the alligators.
- 7. Proprioceptive:** Jacob continues to seek out deep pressure activities as they are the most fun for him! Try turning this need into games...roll him up in a blanket and turn him into a hot dog. Add condiments and then pretend to eat him up!
- 8. Motor Planning:** Jacob still has some difficulty with fine and gross motor activities. Don't be afraid to challenge him here and help him become more precise and graded (softer/harder, slower/faster). Turn daily activities into a game of follow the leader and brush teeth fast then slow, etc.
- 9. Regulation:** Is impulsive and has difficulty staying on task. Encourage him to finish tasks. Jacob is fairly well regulated with his emotions. Continue to label his feelings and give him the language to express himself.



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Functional Developmental Level (FDL) and rating:

Level 1: Regulation and shared attention

- Jacob is displaying a lot of growth at this level. Although he still fragments, he sustained interaction for a long time at today's visit. He was also much more regulated. Great job giving him lots of sensory input!.
- **How solid is this level? 75%**

Level 2: Forming relationships, attachment, and engagement Jacob is very easy to engage and we are seeing him stay engaged for longer and longer spans of sustained attention.

- **How solid is this level? 75%**

Level 3: Two-way communication and initiation

- Jacob shows strength at this level with lots of initiation and back and forth circles of communication. Jacob has very intentional language and is purposeful. We want to continue to model correct language for him and avoid too many questions.
- **How solid is this level? 75%**

Level 4: Complex two-way communication and problem solving

- Jacob is showing nice growth with his FDL 4 skills. He has longer chains of interaction with others and is fragmenting less. He shows persistence and some good problem solving skills. We want to create obstacles for him, add steps to sequences and elaborate on his play.
- **How solid is this level? 75%**

Level 5: Shared meanings

- Jacob's FDL 5 skills are gaining strength. We want to give him enough time to develop his ideas (waiting can be hard) and join sensory motor play with simple thematic play
- **How solid is this level? 50%**

Level 6: Emotional Thinking

- Jacob is emerging a bit at FDL 6 but this is not where our focus will be just yet. We want to back fill lower level holes and strengthen FDL 4-5.
- **How solid is this level? 0-25%**



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Methods:

1. Read the child's cues and intent
2. Slow the pace of play, observing and waiting for the child's idea
3. Follow the child's lead, responding to what the child wants
4. Open and close circles of communication (back and forth interactions)
5. Build on the child's interests

Keys to Progress:

- Keep up the good work! Jacob has some great potential. We are already seeing some great progress and expect him to continue to climb up the developmental ladder.
- Jacob is very responsive to when we **PLAY at his level (FDL 4-5)**. Continue to **label his intentions** and ideas. We are seeing **lots of circles** during this video. You will also notice how long he stays engaged with you. Jacob is much more regulated. He is not as fragmented as our first couple of visits. He is also staying with one activity for longer. This shows strength in his levels 1 through 4.
- We want to avoid asking him *why* or *when* questions because that is too high for him right now. The simple *wh*-type questions—*what*, *who*, *where*— are very good to work on.
- We can expand the activity and conversation with him by **summarizing his statements**. Talk to him in simple **full sentences**—don't baby talk or dumb down too much. Remember he's understanding 'shared meanings' at FDL 5.
- **Avoid asking too many questions** and work on mirroring his statements & feelings.
- Continue to use Sensory Motor PLAY but try to pair it with **1 theme pretend PLAY**. This leads to building bridges between ideas (FDL 6) while helping him to stay regulated.