# Welcome to The PLAY Project Autism Intervention!

Welcome to The PLAY Project through the (name of organization). My name is and I will be your PLAY Project Consultant. I am also (professional title) I received my (degree) from the (university) and I have been working with young children with autism and their families since .

# What to expect during your first visit...

* **Assessments and Intake Forms** – We may be conducting some assessments, so that I can understand your child’s needs better. These may including Childhood Autism Rating Scale (CARS-2), the REEL-4, Functional Emotional Assessment Scale and Greenspan’s Social Emotional Growth Chart. We will also complete a video release form and a family intake form. I will also review the PLAY Project Parent Guide.
* **PLAY Video** – You will be asked to play with your child as you usually do. I will record 15 minutes of video (split between both parents, if both are present) to allow me to best understand the interactional process with your child and learn more about how to support you.
* **Feedback and Modeling** – Before your visit is over, I will give you suggestions so you can get started engaging with your child. As your child is feeling comfortable with me, I will also be playing with your child to model different PLAY Project methods and techniques. Video recording is used and I will review videos with you so that I can further support you in helping your child reach their full potential.
* **Overview of the PLAY Model**— During each visit, I will coach you in the techniques and methods of The PLAY Project model. I will share resources with you and give you concrete suggestions that you can begin using immediately. I will teach you how to make every interaction, with your child, a good interaction and show you how to use simple strategies in daily life to improve your child’s social and functional development.

# Preparing for your visit:

* + Watch [The Welcome to The PLAY Project online course](https://www.playproject.org/project/play-project-introductory-online-course/)
  + Begin reading: Engaging Autism by Stanley Greenspan and Serena Wieder
  + Read The PLAY Project Parent Guide

I look forward to meeting you and your child! In the meantime, contact me with your questions. Sincerely,

E-mail:

Work:

Cell:

# GETTING READY TO PLAY!

Here are some common questions and additional information about what to expect.

1. Your PLAY Project session is designed to train and coach individuals who spend a significant amount of time with your child per week. Both parents are encouraged to be at the first visit and other adults and siblings are welcomed. Consider that an environment can get over stimulating for a child and that only those participating in the session should be present.
2. During your visit, the PLAY Consultant will facilitate focus on your abilities to become the best possible PLAY partner for your child. As the best PLAY partner, you will help your child improve his or her language, social skills, development, behavior, and autism severity. While she/he may demonstrate, and model techniques as needed, the consultant's main focus is to also teach the principles, methods and techniques of The PLAY Project to the parents / caregivers.
3. Please minimize distractions: For example, please turn off videos, electronics, and/or TV. This will ensure that you and your child get the most out of your visit.
4. Please plan for the visit by reading over the suggested materials and by reviewing any written or video feedback.
5. We recommend that you keep a journal of happenings between visits to review with your PLAY Consultant at your next visit.
6. The more you put into The PLAY Project, the more your child will get out of it. It is important to put in the time (2 hours per day, broken into smaller increments of time) and to be honest with your consultant about how your home PLAY sessions are going. Time is easily achieved by incorporating PLAY techniques and methods into daily routines and activities. Your PLAY Consultant is available in between visits through phone and e-mail.