

# **The Good, The Bad & The Ugly**

## **Open Access References**

### ***Parents and Autism: Research Resources***

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### ***Time Out Resources***

Indiana University:

<https://medicine.iu.edu/blogs/pediatrics/child-development-the-time-out-controversy-effective-or-harmful#:~:text=Many%20decades%20of%20research%20have%20shown%20that,increased%20generalization%20of%20appropriate%20behavior%20across%20environments.&text=Additionally%2C%20evidence%20suggests%20that%20other%20management%20principles%2C,critical%20to%20the%20success%20of%20the%20time%20out>

American Academy of Pediatrics: Bring out the best in your children (2014), a pdf  
[https://www.google.com/search?q=AAP+Bring+out+the+best+in+your+child&oeq=AAP+Bring+out+the+best+in+your+child&gs\\_lcrp=EgZjaHJvbWUyBggAEEUYOTIHCAEQIRigATIHCAIQIRigATIHCAHQIRigATIHCAUQIRirAjIHCAyQIRiPatlBCDc4MzdqMGo0qAIAAsAIB&sourceid=chrome&ie=UTF-8](https://www.google.com/search?q=AAP+Bring+out+the+best+in+your+child&oeq=AAP+Bring+out+the+best+in+your+child&gs_lcrp=EgZjaHJvbWUyBggAEEUYOTIHCAEQIRigATIHCAIQIRigATIHCAHQIRigATIHCAUQIRirAjIHCAyQIRiPatlBCDc4MzdqMGo0qAIAAsAIB&sourceid=chrome&ie=UTF-8)

Centers for Disease Control and Prevention: Steps for Using Time-Out. Retrieved from  
<https://www.cdc.gov/parents/essentials/timeout/steps.html>Bourduin

### ***Mindful Parenting***

<https://www.healthline.com/health/parenting/mindful-parenting>