



PLAY PROJECT ACTIVITIES:

WHAT WOULD BE
FUN FOR THE
CHILD?



WITH DR. RICK
& KATIE SCOTT

ACTIVITIES

- **Choosing activities revolves around the idea of affect and what the child loves.**
- **Our ideas (activities) should be tied to child's affect.**
- **Affect is determined by Functional Developmental Level. Kids at certain FDLs like certain activities:**
 - **FDLs 1-2: Sensory Motor Play**
 - **FDLs 3-4: Sequences**
 - **FDLs 5-6: Pretend Play**
- **Parents what to provide their child with fun activities!**
- **Help parents do activities that are appropriate for the child.**



DANGER!



- We can become too activity oriented and forget the importance of truly honoring the child's ideas.
- Inherent conflict, following child lead is harder than providing activities.
 - Natural tendency to rely on activities (both parents and professionals)
 - Be Careful!
- It's ok to have your ideas, but you have to know they are your ideas.

SENSORY MOTOR PLAY





SONGS - ROMENNA





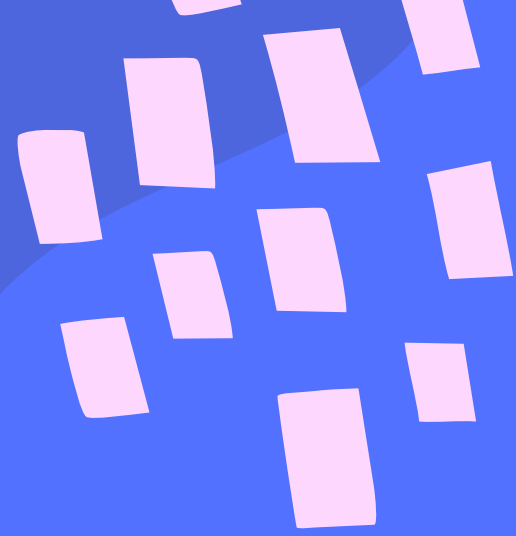
PEEK-A-BOO CHARLIE



SENSORY SEQUENCE

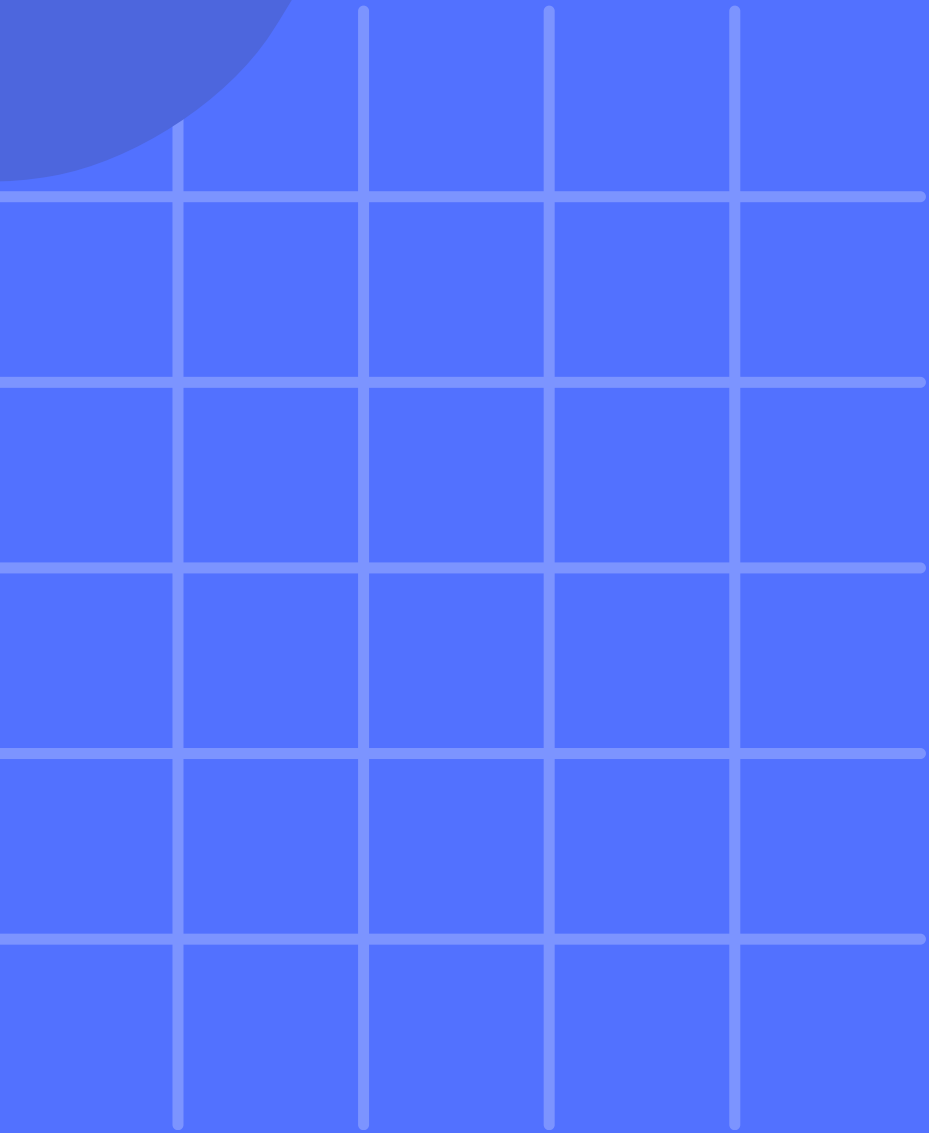


PRETEND SLEEPING



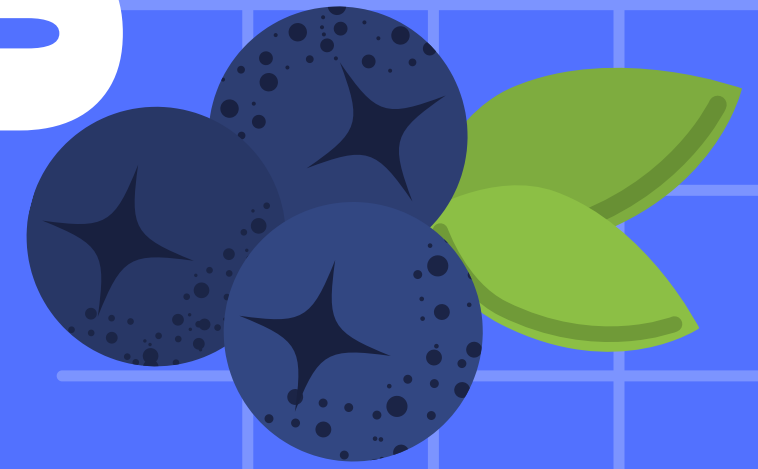


HIDE & SEEK





ORDERING FOOD

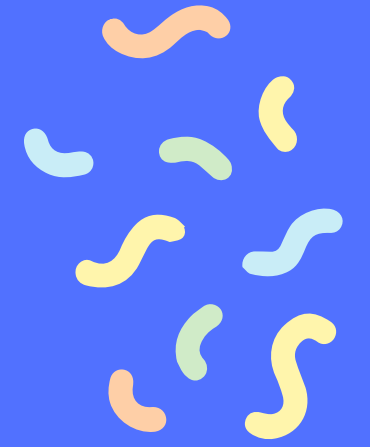


DISCUSSION

What are your “go-to” activities
you recommend to families?

CONCLUSION: PLAY ACTIVITIES

- **Physical contact, touch, silliness, rough housing is a big advantage parents have in the home.**
 - **PPC should ask for permission to be physical.**
 - **Beware of sensory motor profile and regulation. Don't overdo it!**
 - **Beware of parents' concerns about aggression.**
- **Activities offer parents a more certain way of engaging their especially hard to engage children, but they are OUR ideas.**
 - **Always follow the child's ideas/lead!**
- **PPC should point out how to merge methods and/or techniques within activities.**
- **Activities are a family affair and allow more family members including sibs to PLAY**



THANK YOU!

Mark your calendars!

Next Quarterly Webinar: January 28th, 2026. 12-1pm EST

PLAY Reunion Retreat: Monday April 27 – Tuesday April 28, 2026

Ann Arbor, MI